The Bubble

What is the bubble?
The bubble is a safe space where any ASU students on campus can go to when they are having a panic/anxiety attack.

Why?
Our group was tasked with creating something that would help ASU students, considering 63% of U.S. college students reported having overwhelming anxiety, our solution is The Bubble.

How?
Our “bubble” rooms would be built inside of dorm and campus building spaces, giving students easy access whenever needed.

Amenities
The rooms would feature things like bean bag chairs, stress balls, fidget items, calming audio playing, etc. Each room will also have different amenities and calming color schemes.

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