Food allergies come in many forms. It can lead to headaches, rashes, severe allergic reactions, including death. The most common food allergies include peanuts, fish, eggs, milk, soy, corn, and wheat.

TIME FOR A CHANGE

Students who live on-campus at Arizona State University must purchase a meal plan on top of their tuition. Some students waste away money because the dining hall does not meet their needs and most students will go to the dining hall and find nothing appealing to them. This leads to extra costs for families to purchase food off campus for their students who can not or will not eat in the dining hall.

Some students struggle to find meals that cater to their dietary needs, such as students who are vegan or vegetarian.