



PROBLEM

Social media is any website or application that enables its users to create and share content as well as engage socially with other users. Social media use has become a huge problem for students especially in recent years with the rise of popular apps like TikTok, Snapchat, Instagram etc. While social media can be a good way to keep up with others and enjoy some free time, the use of these websites and applications has significantly hindered students' grades and the way that they learn.

BENEFITS

The benefits of this task are that it allows you to work on a task effectively and in a timely manner while not burning yourself out too fast to where you don't want to finish the work you have to complete. Another benefit is that with our app it will help keep students accountable when using this technique and really make sure they are as distraction free as possible, so they are able to stay motivated without distractions like social media and their phones.

Breaktime

Our Solution:

Our solution to our problem is that students need to find a way to become more motivated while doing schoolwork because they are easily distracted by social media and their phones. Our group has decided that the best solution to our problem is to create an app where when you enter the app it will make you enter a password and when you enter the password it will lock your phone for 25 minutes intervals and then unlock your phone for 2-3 minutes for you to have a break from what you are working on