Benefits
- Creates a safe environment for off-campus students to rest during long days
- Reduces sleeping conflicts among ASU students
- Reduces stress amongst students
- Financial investment for ASU

Who We Are

About Us
We are dedicated to keeping students at their top performance, doing the best that they can all the time. We understand that being a college student can take a toll on your mental and physical health and we want to help. Sleeping pods are for students to take 20-30 min out of their day to reset their brains and feel more refreshed!
Why Does ASU Need Sleeping Pods?

Simply, adults in the US do not get as much sleep as they need. Healthy sleeping patterns are even less common amongst college students. This particularly becomes an issue when taken into consideration that less sleep equals higher stress.

PodTime Sleeping Pod

Benefits
- Lightweight, easy to assemble
- Fully private space
- Space efficient, stackable
- Most cost effective option

Drawbacks
- Not as technically savvy
- More labor intensive to maintain

Cost
- $2,795 individually
- $55,900 for full set of 20

MetroNap Sleeping Pod

Benefits
- Stylish and Modern
- Ergonomic shape boasts extra comfort
- Technologically advanced with nap timers
- Installed speakers to fade outside noise

Drawbacks
- Least cost effective
- Not as private of a space offered through PodTime

Cost
- $8,000 individually
- $80,000 for full set of 10

Finances

The sleeping pods would offer a large menu of different timed nap options depending on which company is ultimately selected. Students wishing to nap in a PodTime sleeping pod would be charged $1 per each 20 minute “refreshing nap”, $3 an hour for “chill sessions”. MetroNap sleeping pods would come at a higher price. Students would be charged $2 for each 20 minute “refreshing nap” and $6 an hour for “chill sessions”.

“Work. Rest. Repeat.”